

Background

Despite efforts from the Alberta Association of Optometrists (AAO), Alberta Health has moved forward with changes to optometry coverage, as announced in its Opto 35 Bulletin. These changes took effect on February 1, 2025.

As Alberta's frontline providers of vision health, optometrists recognize the importance of continued eye care and maintenance of vision and eye health. It is vital that Albertans understand the importance of maintaining the frequency of eye exams and ensuring that you are continuing with annual eye exams to maintain optimum vision and eye health.

The primary focus of Alberta optometrists is ensuring quality vision health care of patients throughout our province to maintain quality of life. Your local optometrists and the AAO are dedicated to continuing to advocate for patients and will work closely with patients to find the best possible solutions to mitigate the impact of these changes.

You are encouraged to reach out to your family optometrist prior to your next appointment to inquire about these changes and how they may impact your optometry coverage.

To learn more about the changes now in effect, visit www.optometrists.ab.ca/savingvision.