



POST-PROCEDURAL INSTRUCTIONS

Please read below.

CUSTOMIZED WAVEFRONT INTRALASIK POST-PROCEDURAL INSTRUCTIONS

- 1. It is not unusual to experience varying degrees of discomfort on the day of surgery. Your eye(s) may experience occasional irritation such as light sensitivity, tearing, or a scratchy sensation. You may take Advil, Aspirin, Tylenol, or Vicodin to reduce discomfort.
- 2. Avoid yard work and strenuous exercise for the first week. Eye makeup or lotions, swimming, saunas and Jacuzzis should also be avoided for the first week while the corneal surface is healing. You may shower or bathe, but avoid getting water directly into the eye.
- 3. Daily fluctuations in your vision are normal after surgery. Your vision will probably be blurry for 2-3 weeks following surgery. It is common to have localized red spots on the white part of your eye(s). This is normal. These red spots will fade away in 1-3 weeks.
- 4. Clear plastic shield will be placed over your eyes following the procedure. Do not remove the goggles until the following morning. Wear the goggles over your eyes each night for 1 week while you sleep. This prevents you from accidentally rubbing your eye and disturbing the surgical result.
- 5. Please keep your eyes closed following the procedure and do not read, watch TV or work on the computer for the remainder of the day.
- 6. UV protection (sunglasses) should be worn at all times outdoors.
- 7. Do not rub your eye(s) after surgery for 1 month.
- 8. Medications: Wait 5 minutes in between all drops.

☐ Vigamox

☐ Ocuflox

One drop in operated eye(s) 4 times per day (while awake) for 7 days. Start this drop after surgery.

☐ Maxidex

One drop in operated eye(s) 4 times per day (while awake) for 7 days. Start this drop after surgery.

Artificial Tears

Use any time after your one-day post-operative visit. You may use Thera Tears, Bion Tears, Celluvisc, Hylo Gel, or idrop as preservative free option.

Celebrex (200mg)

Take this optional pain medication, 1 tablet orally daily. This medication may upset your stomach even when taken with food.