

How well can your child see?

You can't see the world through your child's eyes, but your optometrist can.

During your child's eye exam, your optometrist will assess:

- ★ Visual acuity (how well they can see)
- ★ Lazy eye, crossed eyes
- ★ Nearsightedness, farsightedness and astigmatism
- ★ Colour vision
- ★ Eye coordination, tracking and depth perception
- ★ Eye health

**Kindergarten
Students**


**FREE
GLASSES**



For more information about
Eye See...Eye Learn™

contact Alberta Association of Optometrists
at 1-800-272-8843 or visit
optometrists.ab.ca/ESEL

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of Optometrists 

Your child's vision and eye health are essential.



Eye See...Eye Learn™

is a program that ensures children starting kindergarten have the vision they need. The Alberta Health Care Insurance Plan (AHCIP) provides partial coverage towards an annual eye exam for children under the age of 19. If required, kindergarten-aged students can also receive a free pair of eyeglasses through the Eye See...Eye Learn™ program.

optometrists.ab.ca/ESEL

How kindergarten-aged students participate*

STEP 1

Parents can find a participating optometrist at optometrists.ab.ca. Click on Find an Optometrist and check the box for Eye See...Eye Learn™, then enter your postal code to find a doctor close to you. Call or go online to book an appointment.

STEP 2

See your optometrist for the eye exam. Have your health card ready. Through Alberta Health Care, there is partial coverage towards your child's annual eye exam up to the age of 19.

STEP 3

If required, kindergarten-aged students will receive a free pair of eyeglasses. Ask to see the frame selection available. The optometrist will order your glasses for you.

**Free glasses are covered by a one year manufacturer's warranty.*

KINDERGARTEN
STUDENTS

FREE
GLASSES

Who can participate?

Eye See...Eye Learn™ is available to all kindergarten-aged students in Alberta. It's important to address eye health and vision problems before children begin school. Children are eligible to participate in the program from the July before they start kindergarten until August 31 of the next year before they enter Grade 1.

Eye exam coverage

The Alberta Health Care Insurance Plan (AHCIP) provides partial coverage towards an annual eye exam for children under the age of 19. Eye exams are a painless, non-invasive process that could change their lives and help them reach their full learning potential.

Check with your optometrist to determine if there are any additional costs prior to your appointment.



Did you know?

- ★ Up to 80% of learning is visual.
- ★ 1 in 4 school-aged children has a vision problem.
- ★ An eye exam detects health problems such as crossed eyes or lazy eye.
- ★ Children with vision problems are often misdiagnosed as having learning or behavioural disabilities.
- ★ The earlier an eye health or visual problem is identified, the more likely it can be corrected and the less likely it is to impact learning.
- ★ Children often don't know they have a vision problem, as they believe what they are seeing is normal.
- ★ It is not uncommon for parents to believe they would know if their child has a vision problem. However, these issues can be hard to spot, particularly if there is a problem in only one of the eyes.