



For more information about
Eye See...Eye Learn™

Contact Alberta Association of Optometrists at 1-800-272-8843
or visit optometrists.ab.ca/ESEL



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Association
of Optometrists 

**Attention:
Kindergarten
Teachers**



Eye See...Eye Learn™

is a barrier free program for all kindergarten-aged children. The Alberta Association of Optometrists knows starting school can be both exciting and challenging for students and wants to ensure all children can clearly see and fully experience everything you are bringing to the classroom.



**FREE
GLASSES**

Through Eye See...Eye Learn™

Kindergarten-aged children who receive an eye exam from an optometrist and are found to need glasses are eligible for a free pair of eyeglasses through the Eye See...Eye Learn™ program. The Alberta Health Care Insurance Plan (AHCI) provides partial coverage towards an annual eye exam for children under the age of 19. This program helps remove barriers for kindergarten students to receive the eye care they require - and you can help!

You can help

We have provided you with an information package for each of your students. Please send one envelope home with each student.

How kindergarten-aged students participate

STEP 1

Parents can find a participating optometrist at optometrists.ab.ca. Click on Find an Optometrist and check the box for Eye See...Eye Learn™, then enter your postal code to find a doctor close to you. Call or go online to book an appointment.

STEP 2

See your optometrist for the eye exam. Have your health card ready. Through Alberta Health Care Insurance Plan (AHCIP), there is partial coverage towards your child's annual eye exam up to the age of 19.

STEP 3

If required, kindergarten-aged students will receive a free pair of eyeglasses. Ask to see the frame selection available. The optometrist will order your glasses for you.



Why it's critical

- ★ 80% of classroom learning is visual.
- ★ 1 in 4 children have some form of vision problem.
- ★ Many vision problems in children can be resolved if detected early enough.
- ★ Children with vision problems are often misdiagnosed as having learning or behavioural disabilities.
- ★ Children often don't know they have a vision problem, as they believe what they are seeing is normal.
- ★ Parents often don't know their child has a vision issue, because these issues can be hard to spot particularly if there is a problem in only one eye.
- ★ More than 43% of children who have a vision or eye health problem can pass a basic vision screening. A comprehensive eye exam by an optometrist is accurate and will check for a number of possible vision and eye health problems.
- ★ Just as children grow, so too do their eyes. An annual eye exam is very important.