

## **Equipment**

**The registered nurse may need the following equipment:**

- Blood pressure machine (with large, regular and pediatric-sized cuffs)
- Stethoscope
- Glucometer with single-use lancets (both can sometimes be provided by supplier at no cost)
- Insulin pen for demonstration purposes (can sometimes be provided by supplier at no cost)
- 10g monofilaments (available from <http://www.hrsa.gov/leap/> at no cost or <http://diabeaters.com/> for \$35.00)
- Thermometer
- Otoscope
- Scale
- Baby scale
- Exam table

**Additional considerations:**

- BpTRU (automatic blood pressure machine that takes a number of measurements and provides an average)
- 24-hour blood pressure machine for ambulatory BP monitoring
- A1C sticks for demonstration (available from <http://diabeaters.com/>)
- Doppler (for prenatal exams, size 2-3 MHz; ankle brachial index, size 8-10 MHz, etc.)
- Pulse oximeter
- Steadiometer (wall mounted device to measure height)
- Recumbent height measure for infants (infantometer)
- Computer
- Printer
- Desk