



2026 CNA CONFERENCE

A nighttime photograph of the Art Gallery of Manitoba and the Assiniboine Bridge in Winnipeg. The bridge's illuminated pylon and cables are reflected in the water, along with the city lights in the background.

KNOW BEFORE YOU GO

SEPTEMBER 21–23, 2026

RBC Convention Centre Winnipeg
375 York Avenue, Winnipeg, Manitoba



RBC Convention Centre

WINNIPEG

WELCOME TO CNA CONFERENCE 2026!

Whether this is your first CNA conference or you're a returning attendee, this page has the essential information you need to prepare for your time in Winnipeg.

THE POWER OF NURSES TO TRANSFORM HEALTH

OUR EXPERTISE, OUR IMPACTS

WHERE & WHEN

RBC Convention Centre Winnipeg
375 York Avenue
Winnipeg, MB R3C 3J3

The RBC Convention Centre is the home of CNA Conference 2026 and will host conference sessions, networking, exhibits, posters and other activities.

 [Get Directions](#)

 [Visit RBC Convention Centre](#)

CONFERENCE DATES

Monday, September 21

Pre-conference workshops

 CNA welcome reception and opening ceremony

Tuesday, September 22

Main conference: 7:00 a.m.—4:40 p.m.

Canadian Nurses Foundation reception, From Shift to Spotlight: An Evening of Inspiration and Impact.*

*Separate registration is required in advance.

Wednesday, September 23

Main conference: 7:15 a.m.—4:00 p.m.

Check the agenda and conference app for the most up-to-date schedule.



PLAN YOUR CONFERENCE

View the Agenda

There is a lot to experience at CNA Conference 2026, so we recommend reviewing the agenda before you arrive.

THE PROGRAM INCLUDES:

- Plenary keynote sessions
- Panels
- Concurrent sessions
- Workshops
- Poster presentations
- Exhibitor engagement
- Networking opportunities
- Health and healing spaces
- Special events

 [View the Full Agenda](#)

TIP

Pick your must-attend sessions ahead of time, but leave some room in your schedule to explore, connect and take a break.



CNA CONFERENCE APP

Download the CNA Conference App

Your conference app, Sandbox Events, will be your go-to resource before and during the conference.

DOWNLOAD THE APP NOW

Search for Sandbox Events or use the links below:



Apple App Store:

Scan the QR code or [click here](#) to download the app



Google Play:

Scan the QR code or [click here](#) to download the app



USE THE APP TO:

- Review the full conference program
- Find sessions and activities
- Add priority sessions to your personal schedule
- Check session times and locations
- Stay up to date with conference announcements
- Access important conference information
- Plan your day while you're onsite
- Turn on notifications so you don't miss important updates

TIP

Keep the app easily accessible on your phone throughout the conference. It will be one of your most useful tools while you're onsite.



WORDLY: LIVE TRANSLATION & CAPTIONS

CNA Conference 2026 will use **Wordly** to provide live captions and AI-powered language translation during conference sessions.

Wordly allows attendees to follow presentations in their preferred language using a phone, tablet or computer.

HOW IT WORKS

1

Bring your device

Bring a charged phone, tablet or laptop. Headphones or earbuds are recommended if you plan to use audio.

2

Connect to the internet

Wordly requires an internet connection.

3

Scan the QR code or use the attendee link

For sessions using Wordly, follow the instructions provided onsite or in the conference app.

4

Select your language

Choose your preferred language.

5

Follow along

Live captions and translated subtitles will appear on your device.

DO I NEED TO DOWNLOAD WORDLY?

No. You do not need to download the Wordly app or create a Wordly account to participate.

You can access Wordly directly through your browser using the attendee link or QR code provided for the session.



WORDLY: LIVE TRANSLATION & CAPTIONS

You can access Wordly directly through your browser using the attendee link or QR code provided for the session.

 [Learn How To Attend A Wordly Session](#)

 [Open Wordly Attend](#)

 [Wordly Attendee Help Centre](#)

TIP

If you use Google Chrome, disable Google Translate while using Wordly so it does not override your selected translation language.



WHERE TO STAY

CNA has identified several hotels close to the RBC Convention Centre.

DELTA HOTELS BY MARRIOTT WINNIPEG

350 St. Mary Avenue
Winnipeg, MB R3C 3J2

The preferred conference hotel is connected directly to the RBC Convention Centre.

 [Book or view Delta Hotels Winnipeg](#)

 [Get Directions](#)

ALT HOTEL WINNIPEG

310 Donald Street
Winnipeg, MB R3B 2H3

Located downtown and within walking distance of the RBC Convention Centre.

 [Book or view Alt Hotel Winnipeg](#)

 [Get Directions](#)

THE FORT GARRY HOTEL

222 Broadway
Winnipeg, MB R3C 0R3

A historic Winnipeg hotel within walking distance of the Convention Centre.

Currently sold out.

 [View The Fort Garry Hotel](#)

 [Get Directions](#)

HAMPTON INN BY HILTON WINNIPEG DOWNTOWN

330 York Avenue
Winnipeg, MB R3C 0N9

Located just steps from the RBC Convention Centre.

Currently sold out.

 [View Hampton Inn Winnipeg Downtown](#)

 [Get Directions](#)



MORE TRAVEL INFORMATION

 [View CNA's Venue & Travel Information](#)

Getting to Winnipeg

BY AIR

Winnipeg Richardson International Airport

2000 Wellington Avenue

Winnipeg, MB R3H 1C2

 [Visit Winnipeg Richardson International Airport](#)

 [Get Directions to the Conference Centre](#)

BY TRAIN

Winnipeg VIA Rail Station

123 Main Street

Winnipeg, MB R3C 1A3

DISCOUNT

CNA has arranged a **10% VIA Rail discount** for eligible conference travel. **Conference code: 16113**

 [Visit VIA Rail](#)

 [Get Directions to the Conference Centre](#)

 [View CNA'S Travel Information](#)

PARKING

CNA The RBC Convention Centre has two climate-controlled underground parkades with accessible parking spaces and EV charging stations.

 [View RBC Convention Center Parking Information](#)

TIP

Check parking information before you travel for current rates, access information and hours.



MORE TRAVEL INFORMATION

REGISTRATION & CHECK-IN

Before travelling, make sure your conference registration is complete and that you have your registration confirmation available.

Monday, September 21

Registration opens at 1:00 p.m.

When you arrive, look for the CNA registration area at the RBC Convention Centre.

PRE-CONFERENCE WORKSHOPS

Pre-conference workshops take place on **Monday, September 21.**

These sessions offer opportunities for focused learning, discussion, practical skill-building and connection with colleagues from across Canada.

 [View Pre-conference Workshop](#)

WELCOME RECEPTION & OPENING CEREMONY

Monday, September 21

5:30–7:30 p.m.

RBC Convention Centre — Exhibit Hall

The welcome reception and opening ceremony are a great opportunity to meet colleagues, explore the Exhibit Hall and begin your conference experience.

The evening will also include poster viewing, exhibitor networking and a drumming presentation by Denzel Blesse of the First Nations Health

 [View the Conference Agenda](#)

MAKE TIME TO CONNECT

Some of the best conference experiences happen between sessions.

MAKE TIME TO:

- Visit the Exhibit Hall
- Explore poster presentations
- Meet exhibitors and partners
- Attend networking events
- Introduce yourself to someone new
- Connect with presenters
- Reconnect with colleagues



MORE TRAVEL INFORMATION

A SIMPLE GOAL

Try to have one new conversation each day.

You never know where a conversation over coffee might lead.

TAKE TIME FOR YOURSELF

Conference days can be busy.

CNA Conference 2026 will include dedicated health and healing spaces to support reflection and well-being.

You don't have to attend every session.

WHAT TO BRING

Keep it simple.

ESSENTIALS

- ✓ Conference registration information
- ✓ Phone
- ✓ Phone charger
- ✓ Portable battery
- ✓ Headphones or earbuds
- ✓ Comfortable shoes
- ✓ Water bottle
- ✓ Notebook and pen
- ✓ Laptop or tablet, if needed
- ✓ Any presentation materials you require

REMEMBER TO

- Take breaks
- Drink water
- Eat regularly
- Get some fresh air
- Connect with colleagues
- Give yourself time to recharge

Your well-being is part of your conference experience.

PRO TIP

Charge your devices every night. You'll be using your phone for the conference app, schedule, Wordly, communication and potentially maps or transportation.



ACCESSIBILITY & ACCOMMODATIONS

If you require accessibility accommodation, please contact CNA as early as possible so the conference team can support you.

The RBC Convention Centre provides accessible facilities and accessible parking.

 [View RBC Convention Center Accessibility Information](#)

For questions about accommodation or specific accessibility needs:

 events@cna-aiic.ca



WELCOME TO WINNIPEG

CNA Conference 2026 takes place in Winnipeg on Treaty 1 Territory, the home and traditional lands of the Anishinaabe (Ojibwe), Ininew (Cree) and Dakota peoples, and in the National Homeland of the Red River Métis.

Take some time during your visit to learn about Winnipeg and the communities whose histories and cultures shape the city.

 [Explore Winnipeg](#)

YOUR BEFORE-YOU-GO CHECKLIST

BEFORE YOU LEAVE HOME

- ✓ Confirm your conference registration
- ✓ Review the agenda
- ✓ Choose your priority sessions
- ✓ Download the conference app
- ✓ Turn on app notifications
- ✓ Review Wordly information
- ✓ Confirm your hotel
- ✓ Confirm your flight or train
- ✓ Plan how you'll get to the Convention Centre
- ✓ Check any accessibility or dietary arrangements
- ✓ Charge your phone and other devices
- ✓ Pack comfortable shoes!

WHEN YOU ARRIVE

START HERE:

- 1 Find the RBC Convention Centre**
375 York Avenue, Winnipeg
 [Get Directions](#)
- 2 Check in**
Visit the CNA registration area.
- 3 Open the conference app**
Check your schedule and any announcements.
- 4 Find your first session**
Give yourself a few minutes to get oriented.
- 5 Explore**
Visit the Exhibit Hall and poster areas.
- 6 Connect**
Meet someone new.
- 7 Take a breath**
You're here. Enjoy the conference.



ELDERS-IN-RESIDENCE

The Elders-in-Residence space offers a welcoming and quiet place for delegates to connect with Elders and Knowledge Keepers during the conference.

Delegates are invited to visit the space to seek guidance, share conversation, listen, and learn through relationship and storytelling. Whether you are looking for a moment of reflection, a chance to ask questions, or an opportunity for respectful learning, this space is here to support you throughout the conference.

WELLNESS & RENEWAL LOUNGE

Take a moment to pause, recharge and reconnect with yourself during the conference. The Wellness & Renewal Lounge offers a welcoming space to step away from the busy conference environment and take time for movement, mindfulness and renewal.

Join us for the following guided wellness sessions. All sessions are designed with conference attire in mind, so no special clothing or change of clothes is required.

TUESDAY, SEPTEMBER 22

12:30 p.m. — Movement & Breathwork

30-minute guided session

4:30 p.m. — Sound Healing

60-minute session

WEDNESDAY, SEPTEMBER 23

12:30 p.m. — Self-Care & Self-Massage

30-minute guided session

Drop in for a scheduled session or stop by anytime you need a quiet place to pause, recharge and take a moment for yourself. The Wellness & Renewal Lounge is here for you throughout the conference.



QUICK LINKS

 [VIEW THE AGENDA](#)

Plan your sessions and explore the full conference program.

 [DOWNLOAD THE CONFERENCE APP — APPLE](#)

 [DOWNLOAD THE CONFERENCE APP — GOOGLE PLAY](#)

 [LEARN ABOUT WORDLY](#)

Find out how to access live captions and translation.

 [OPEN WORDLY ATTEND](#)

Access Wordly through your browser.

 [VIEW VENUE & TRAVEL INFORMATION](#)

Hotels, transportation and travel information.

 [VIEW PRE-CONFERENCE WORKSHOPS](#)

Explore Monday's workshops and learning opportunities.

 [VIEW REGISTRATION INFORMATION](#)

Registration details and pricing.

 [EXPLORE WINNIPEG](#)

Plan your time outside the conference.



NEED HELP?

General Conference Questions

✉ events@cna-aiic.ca

🔗 [Contact CNA](#)

Registration & Technical Support

✉ CNAconference26@sandbox-events.com

See You in Winnipeg!

**THE POWER OF NURSES
TO TRANSFORM HEALTH**
OUR EXPERTISE, OUR IMPACTS

September 21–23, 2026

RBC Convention Centre Winnipeg
375 York Avenue, Winnipeg, Manitoba

**We can't wait to welcome you to
CNA Conference 2026.**